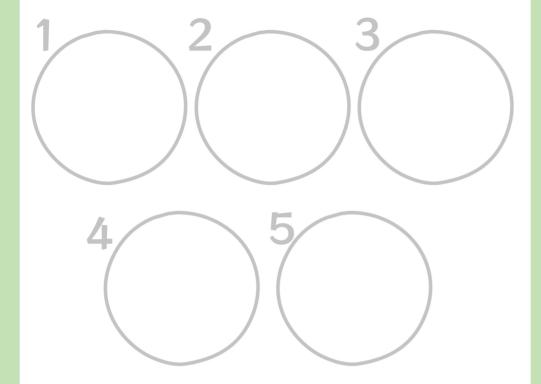
Stamp Column



- When you completed all five stamps, you will receive a 300 yen discount (150 yen for children) on the No.1 & No.2 ropeways round trip fare (3,000 yen for adults, 1,500 yen for children). Please come to the ticket counter at Shinhotaka Onsen Station or the information desk at Shirakabadaira Station.
- Only one stamp rally per person.
- There is always the possibility of tripping over pebbles, falling branches or other unexpected accidents in the open air. Please take care for your own safety while walking.
- •There are no toilets or water facilities on the trail.









There's nothing quite like eating bread n the great outdoors of the Northern Alps!



The "Alpine Bakery" at Shirakabadaira Station, a starting point of the No.2 ropeway, sells a variety of breads, including the "gondola-shaped bread" and the most popular "croissant"! They are delicious even when cold. Would you like to take some home? Gondola-shaped bread···¥400

Plain croissant ··· ¥ 180

Natural hot spring "Kamitakara no yu"

An open bath at the Visitors' Centre "Sangakukan". It's a 100% pure natural hot spring with 2 baths for both ladies and gentlemen. The hot spring only consist of an open bath, so no soap and shampoo is allowed. We appreciate your understanding

[Business hours] 9:30am - 3:30pm (Last admission 3:00pm) [Usage fee] Adults ¥600 children ¥400 [Towels for sales] Hand towel ¥200 Bath towel ¥410



Stamp rally of Nabedaira Kogen





新穂高ロープウェイ

SHINHOTAKA ROPEWAY Phone: 0578-89-2252 〒506-1421



In the deep-snowed Nabedaira plateau, Japanese butterbur scapes starts showing their heads with the spring thaw. Welcoming the late spring in late April, Lindera obtusiloba lead the way, then Sargent's cherry and Anise magnolia bloom.

In May, the flowers and trees such as Soft windflower. Trillium tschonoskii. Umbrella leaf.

False solomon's-seal. Viburnum furcatum and Albrecht's azalea start to bloom along with the new greenery, and spring is finally in full swing.

In June, the flowering season begins with Bigleaf magnolia, 🪬 which produces surprisingly large flowers, and other flowers such as Waxflower, Pyrola incarnata and Japanese

As midsummer begins in July, in addition to Bamboo lily of Nabedaita's most famous flower, a variety of other flowers and grasses compete to bloom, such as Columbine. Gooseneck, Cimicifuga simplex, Touch-me-not balsam. Eupatorium chinense, Herb weiling ascitesgrass, Chinese rampion. Adenophora remotiflora and Fireweed.

When the Bon Festival period's gone, Japanese pampas grass opens its ears, and Autumn flowers such as Coneflower and White patrinia

In late September, the flowering season comes to the end with Goldenrod. Wild chrysanthemum and Aster glehnii Leaves start to turn yellow in the upper part of the Hotaka mountain range and gradually move into lower

Then reaching their peak in early October at Nabedaira plateau. When the first snow falls on the top of the mountains, a three-layered fall foliage of white, green, andvellow appears.

Once the first snowfall comes in early November, the long winter will come. The snow become a lingering snow by mid-December, and cover the plateau until mid-April. The trees are covered with silver frost and the Nabedaira plateau is surrounded with tranquility of winter. The countless footprints left on the snowfield remind us of the bustling life of animals such as Japanese serows. Japanese martens, mountain hares, wild foxes. and Japanese squirrels that we never noticed in the summer



Mountain trails Work Path

Stamp locations

can be found here.



No entry for vehicles



Hand waving spot





Spot with mountain view